



Dear Parent/Carer,

**The NSPCC's *Speak out. Stay safe.* programme is visiting our school to make sure our pupils have the knowledge and understanding they need to stay safe.**

I'm pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who'll be delivering their '**Speak out. Stay safe.**' Assembly on 9<sup>th</sup> January. This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands. With the help of their friendly mascot Buddy, they'll be presenting an assembly to the children in Reception, Year 1 and Year 2.

### **What is the *Speak out. Stay safe.* programme?**

Through a child-friendly, interactive assembly their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, without using scary words or adult language. Our children are already very familiar with the NSPCC's 'Pants Song' - this assembly will recap on the message of the song, plus sensitively cover the issues of bullying.

We have studied the content of the assembly and are extremely confident that it is appropriate for young children. By the end of their visit, we're convinced children will feel empowered - knowing how they can speak out and stay safe.

If you would like any more information about the ***Speak out. Stay safe*** programme please come in or visit the NSPCC website [nspcc.org.uk/buddy](https://nspcc.org.uk/buddy)

### **Talking PANTS with your children**

The NSPCC's work in schools will help encourage conversations about staying safe - and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'Talk PANTS', a simple way for parents to help keep children safe - without using scary words or adult language.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at [nspcc.org.uk/pants](https://nspcc.org.uk/pants)

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website [nspcc.org.uk/parents](https://nspcc.org.uk/parents)