

# **An Evidence Based Guide to Anxiety in Autism**



You are invited to attend the **Launch of our newly published guidance booklet**. It includes the latest research and effective strategies for improving emotional wellbeing in autistic children.

***"Highly informative with a range of practical suggestions for both home and school..."***

**Wednesday 24<sup>th</sup> April '19**

**The Hawth, Crawley**

**Time: 19.00 – 20.30**

**Speakers:**

- **Dr Sebastien Gaigg** – City, University of London
- **Travis Smith** – actor from the BBC's drama 'The A word'

**Book at Eventbrite:**

<https://www.eventbrite.co.uk/e/anxiety-in-autism-an-evidence-based-approach-tickets-59214436975>

For Information Contact:

**[helen.cottell@westsussex.gov.uk](mailto:helen.cottell@westsussex.gov.uk)**